

# SARA GALASSINI CURRICULUM VITAE



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| <b>FIRST NAME</b>          | Sara   |
| <b>LAST NAME</b>           | Galassini  |
| <b>NATIONALITY</b>         | Italian, American  |
| <b>DATE/PLACE OF BIRTH</b> | 03/26/1978, Siena  |
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## HIGHLIGHTS OF QUALIFICATIONS

- Over 25 years experience as an international interdisciplinary artist with stage appearances in the United States, Italy, Austria, Poland, UK, Taiwan, Kosovo, Cambodia
- Cross-disciplinary creative strengths as a performer in dance, acting, singing, puppetry, song and poetry writing, music making as well as engagements as Creative Director Choreographer, Producer and Community Projects Facilitator
- Experience as a Community Educator and Director in interdisciplinary theater projects with international and intergenerational groups
- Expertise in physical theater, experimental theater, multidisciplinary performance, plays
- Proficient in ensemble and solo work with passion for cutting edge, cross genre performance

## Dance Education

1984-present

### **MOST RELEVANT STUDIES:**

**Judith Morag Bartlett** Siena Danza nel Mondo - ballet

**Claudia Semplici** Siena - modern dance

**Irene Stracciati** Siena - modern dance

**Michelle Noiret** Stazione Leopolda Firenze

**Giorgio Rossi** Stazione Leopolda Firenze, Fratta Santa Caterina Cortona, 48th Cantiere internazionale d'Arte di Montepulciano

**Raffaella Giordano** Firenze, Stazione Leopolda

**Virgilio Sieni** Firenze, Stazione Leopolda

**David Zambrano** NYC, flying low workshop

**Alexandra Beller** NYC, contemporary dance

**Jennifer Nugent** NYC, contemporary dance

**Massimiliano Balduzzi** NYC, physical theater

Palissimo NYC  
K.J.Holmes NYC, Movement Research weekly somatic classes  
Maureen Flemming NYC, butoh dance  
Tamar Rogoff NYC

## Theater and Music Education

1997-2023

### MOST RELEVANT STUDIES:

Teatro 2 Piccolo Teatro di Siena, year long program  
Giuliano Lenzi LaLUT Siena, year long study  
Altero Borghi Associazione Sobborghi Onlus, corso regionale di 1 anno  
Michael Howard Studios NYC, year program  
John Strasberg Studios NYC, 2 years program in method acting  
Song of The Goat NYC, physical theater workshop  
Sista Bramini Centeno, laboratorio intensivo di Teatro Natura  
Jonathan Hart Makwaia NYC  
Jean McClelland NYC, alexander technique  
Peter Sciscioli NYC  
Mario Biagini NYC  
Thomas Richards Pontedera  
Yukio Tsuji NYC  
Stratos Voice Camp Parma

## Company Associations

Sara Galas Band 2013 to present - co-founder, composer, singer songwriter in collaboration with award winning composer, musician, arranger Yukio Tsuji  
Member of the **Great Jones Company** of La MAMa Theater in NYC, 2000 to present - performer  
Member of **Magis Theater Company** 2018 to present - performer, composer  
Member of the **Trojan Women Project** 2017 to present - teaching artist, musical director assistant, performer, composer/sound designer  
**SonicShanti** 2019 to present - sound healing practitioner

## Jobs

2025

- **The TWP in collaboration with Nashi Theater Kyiv, Ukraine.**  
**The Trojan Women**
- **La MaMa ETC October 13 - November 2nd**  
**CREATURES FESTIVAL - Where did they go?** Sound visual installation / site specific, in collaboration with Onni Johnson
- **La Caverna di Platone, Rome - a reenactment of personal dreams for healing and self-transformation led by Katriona Munthe with improvised music by Sara Galassini**  
**Onirodramma**
- **O Thiasos TeatroNatura - Festival in Collina, Campagnole Monferrato/Asti; Venice Gardens Foundation/Adele Re ReBaudengo; CampsiragoResidenza/ Il giardino delle Esperidi Festival/ Lecco; Teatro Basilica, Roma**

Racconto Sista Bramini, Musica Sara Galassini

**Un Mare di Giada**

- A collaboration between the Stefanie Nelson Dancegroup and AHRC - an 8 weeks workshop series with music and free movement created and led by Sara Galassini for People with diverse abilities and Traumatic Brain Injury in the Bronx, Queens, Brooklyn - NYC

**Moving Memory Project 2025**

- The Trojan Women Project - La MaMa Ellen Stewart Theater, Adaptation for the stage from a short story by Ursula K. Le Guin - Sara Galassini actor, sound designer

**SUR**

2024

- Livio Minafra, Giorgio Rossi - Kilowatt Festival 2024 - laboratorio residenziale per danzatori e musicisti con performance finale

**Rapsodie**

- O Thiasos TeatroNatura - Sista Bramini - Racconto, Sara Galassini - Musiche originali; Il Mulino (Cinigiano, Tuscany), Festival della Biodiversita' Parco Nord (Mi), Gran Paradiso dal Vivo, Parco Nazionale del Gran Paradiso, Ribordone (TO), Parco Marturanum Barbarano Romano (VT).

**Come Wang-Fo fu salvato**

- Zishan Ugurlu - Great Jones Company - original score Elizabeth Swados, La Mama ETC

**Medea**

- Sara Galassini, Yukio Tsuji, Matt Sullivan, Mikhl Yashinski, Jason Trucco

**Melody**

- SonicShanti - Cozmos Retail Store, Official Ritual NYC

**Weekly Sound Meditation Concerts**

2023

- The Trojan Women Project - work in progress: Adaptation for the stage from a short story by Ursula K. Le Guin - Sara Galassini actor, sound design

**SUR**

- Sara Galas Band - Teatro Politeama, Poggibonsi, Italy - Zurcher Gallery - Christmas in Nicky Land - La MaMa ETC, NYC

**HER**

- Sara Galas Band, Siena

## **MA - Vuoto Pieno di Senso**

- Sara Galas Band, Siena  
**Osando Mina**
- SonicShanti - Borgo Santo Pietro, Italy; Cozmos, NYC  
**Weekly Sound Meditation Concerts**

2019-2022

- Sara Galas Band, Siena  
**SilkRoad**
- Sara Galas Band Album release and concerts  
**HER**
- Sara Galas Band - Estrogenius Festival, Kraine Theater NYC; SPAM, Lucca  
**Preo-Her-Pere**
- SonicShanti - Virtual and in person Center for Human Consciousness, NYC; Borgo Santo Pietro, Italy  
**Weekly Sound Meditation Concerts**
- Magis Theater Company - Sara Galassini actor, composer  
**The Alcestiad**
- The Trojan Women Project Festival - directed by Andrei Serban, original score Elizabeth Swados with artists from The Trojan Women Project in Cambodia, Guatemala and Kosovo and La MaMa's Great Jones Repertory Company  
**Trojan Women**
- SonisSanti  
**Weekly Sound Meditation Concerts**

2015-2018

- The trojan Women Project - Sara Galassini teaching artist and assistant music director - Cambodia  
**Trojan Women**
- Sara Galassini - Sophie Bortolussi - The Club at La MaMa ETC, NYC  
**One-in-Themselves**
- Sara Galas Band - IDACO Festival, NYC  
**REFLECT-I-ON**
- Palissimo Dance Company - La MaMa ETC, NYC  
**En Masse**

- Kelly Bartnick - Gibney Dance Theater, NYC  
**Fuck/Love The Poetics of Adoration**
- Handan Hublitz director - Sara Galassini choreographer, LaGuardia Performing Arts  
**Privatopia**
- Sophie Bortolussi director - Sara Galas Band concept and music - The Club at La MaMa ETC  
**Unmeasurable Picture**

2013-2015

- UNGUARDED - Sara Galassini co-creator/performer, Kristina Colovic director, Adonis Volanakis co-director - artist exchange performance project in collaboration with the Afghan Refugee Community in Athens Greece and Generation Outside - Dixon Place; Rough Drafts at LaGuardia Performing Arts, NYC  
**The Sacred Way: Protagonist and Hero**  
**IN>CITE?**
- Elizabeth Swados  
**Narcissus**

2000-2013

- Michio Hizumi - Carnegie Hall, NYC  
**Japan Earthquake & Hurricane Sandy Benefit**
- Ping Chong & Company - La MaMa ETC, NYC; '62 Center at Williams College, MA  
**Angels of Swedenborg**
- Tom Lee - La Mama ETC, NYC  
**Hopelite Diary**
- The School of Hard Knocks - La MaMa ETC, NYC  
**Love Story Palestine**
- Urban research Theater - Lincoln Center Atrium; the Living Theater, NYC  
**Theatricale**
- Nu Dance Theater NYC  
**Si Seulement Si**
- Ozzie Rodriguez - First Floor Theater at La MaMa ETC NYC  
**When Clowns Play Hamlet**

- Aktina Stathaki - TheaterLAB, NYC  
**Don't look into the camera**
- Loco 7 Dance Puppet Theater Company  
**9 Windows**  
**Open Door**  
**Room to Panic**  
**In Retrospect**

## **Social Theater - Dance Projects - Teaching Commissions**

2000 to present

- Stefanie Nelson Dancegroup, AHRC, Sara Galassini  
**Moving Memory Project**

2018-2019

- Sara Galassini Interim Instructor  
**NYU Playwrights Horizons**

2017-2019

- Annalisa Iadicicco, Sara Galassini  
**The Blue Bus Project**

## **Other Studies, Degrees and Certifications**

2023 - Certification in Mindfulness Meditation - MMTCP with Tarah Bach and Jack Kornfield

2020 - Gibney Institute for Community Action Training

2017 - BA in Interdisciplinary Applied Theater, SUNY Empire State College

2016 - Sound and Music Institute Certificate in Sound Therapy

2015 - Ping Chong & Company UE Summer Institute and Teacher Training

## **Awards and Residencies**

2017-2020

Yip Harburg Foundation Grant, Richard Porter Leach Fellowship, Queens Council on the Arts Artistic Excellence Recognition Award, Citizens Committee of New York, Puffin Foundation LTD., Drago's Egg, SPAM, Italian Cultural Institute of NYC, NEA, DCLA NYC, Terrammare Teatro 2023.